

MOM Chicken & Noodles

Nutrition Facts

1 servings per container

Serving size 1 Pouch (283g)

Amount Per Serving

Calories **300**

% Daily Value*

Total Fat 10g **13%**

Saturated Fat 1.5g **8%**

Trans Fat 0g

Cholesterol 80mg **27%**

Sodium 460mg **20%**

Total Carbohydrate 31g **11%**

Dietary Fiber 3g **11%**

Total Sugars 3g

Includes <1g Added Sugars **0%**

Protein 21g

Vitamin D 0mcg **0%**

Calcium 50mg **4%**

Iron 2.1mg **10%**

Potassium 390mg **8%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.